

## CLAIMS

What is claimed as being new and desired to be protected by LETTERS PATENT of the United States is as follows:

1. A wristpad apparatus, comprising:
  - a flexible wristband which includes a top wristband portion and a bottom wristband portion,
  - a flexible pillow connected to said bottom wristband portion,wherein said flexible pillow includes a flexible pillow housing,
  - wherein said wristband includes a plurality of wristband segments connected together with intersegment hinges.
2. The apparatus of claim 1 wherein each of said wristband segments includes:
  - flexible segment housings, and
  - a quantity of flexible, resilient segment filler material.
3. The apparatus of claim 2 wherein said flexible segment housings and said intersegment hinges can be made from a common flexible material.

4. The apparatus of claim 2 wherein said flexible segment housings, said intersegment hinges, and said pillow housing can be made from a common flexible material.

5. A wristpad apparatus, comprising:  
an inner wall,  
an outer wall, wherein a portion of said inner wall and said outer wall provide a flexible wristband, and wherein a portion of said inner wall and said outer wall define a first interwall chamber, and  
a quantity of flexible filler material contained in said first interwall chamber providing a flexible pillow.

6. The apparatus of claim 5 wherein said inner wall and said outer wall are comprised of a flexible, elastic, knitted fabric.

7. The apparatus of claim 5 :  
wherein said inner wall includes a top inner wall portion and a bottom inner wall portion,  
wherein said outer wall which includes a top outer wall portion and a bottom outer wall portion,  
wherein said first interwall chamber is defined between said bottom inner wall portion and said bottom outer wall portion, and

wherein a second interwall chamber is defined between said top inner wall portion and said top outer wall portion.

8. The apparatus of claim 5 wherein said flexible wristband includes:  
a first wristband strap portion which includes a first strap connector, and  
a second wristband strap portion which includes a complimentary second strap connector.

9. The apparatus of claim 8 wherein:  
said first strap connector is made from a quantity of first hook-or-loop material,  
said second strap connector is made from a quantity of complimentary second hook-or-loop material.

10. A wristpad apparatus, comprising:  
a flexible wristband which includes a top wristband portion and a bottom wristband portion,  
a flexible pillow connected to said bottom wristband portion,  
wherein said flexible pillow includes a flexible pillow housing and provides wrist elevation adjustment means.

11. The apparatus of claim 10, further including:  
a valve assembly connected to said flexible pillow housing,  
wherein said flexible pillow includes a quantity of fluid material  
contained within said flexible pillow housing supplied through said valve  
assembly,  
wherein said valve assembly and said fluid material comprise said  
wrist elevation adjustment means.
12. The apparatus of claim 11 wherein said fluid material is comprised  
of water.
13. The apparatus of claim 10 wherein said flexible wristband includes:  
an inner wristband wall, and  
an outer wristband wall.
14. The apparatus of claim 10 wherein said flexible pillow includes:  
an inner pillow wall, and  
an outer pillow wall,  
wherein said flexible pillow housing is defined by said inner pillow  
wall, and  
wherein said valve assembly is connected to said inner pillow wall  
and said outer pillow wall.

15. A wristpad apparatus, comprising:

a flexible wristband which includes a top wristband portion and a bottom wristband portion, wherein said bottom wristband portion includes a bottom-mounted connector,

a flexible pillow which includes a top-mounted connector, wherein said top-mounted connector is connectable with said bottom-mounted connector.

16. A method of making a wristpad apparatus, comprising the steps of:

obtaining a piece of double-ply material,

bonding two edges of the piece of double-ply material, thereby forming a cylindrical shaped tube which has an inner wall and an outer wall, wherein the inner wall has a top inner wall portion and a bottom inner wall portion, and wherein the outer wall has a top outer wall portion and a bottom outer wall portion,

separating the bottom inner wall portion from the bottom outer wall portion to form a first interwall chamber, and

adding a quantity of cushioning material to the first interwall chamber.